



SkinPen Pre and Post Treatment Instructions

Pre-Treatment Care Instructions:

For 2 weeks prior to treatment, avoid Dermal Fillers.

For 5 days prior to treatment, avoid Botox/Disport injections.

For 3 days prior to your appointment, AVOID all topical medications that have prescriptive ingredients, including but not limited to, retinoids and hydroquinone.

For 24 hours prior to your appointment, AVOID sun exposure.

AVOID wearing makeup to your appointment, we need a clean face for your treatment.

Post-Treatment Care Instructions:

After treatment, do not put anything on the treated area for the rest of day EXCEPT for LIFT (provided).

Days 1-3 post treatment

- AVOID sweaty exercise and sun exposure
- Use a gentle cleanser to wash your face, nothing abrasive
- Use RESCUE (provided)
- Use a professional sunscreen
- You may apply makeup as needed

Four days post treatment, you may resume your regular skin care regimen.

Possible side effects that should resolve within 3 days include:

- Swelling & bruising
- Skin tightness & mild sensitivity to touch, similar to a sunburn
- Dry skin/mild flaking (may take a little longer to resolve)
- Pinpoint bleeding/scabbing

****If patient experiences any type of adverse reaction, they should call SCG Skin Rejuvenation at 717-243-0307****