



Jessner & TCA Peel Post Treatment Instructions

Day of Peel:

1. Gently cleanse skin with Theraderm Cleansing wash with fingertips every 3-4 hours & pat dry.
2. Apply OPC Reparative Serum.
3. Apply Peptide Hydrator as needed for dryness.
4. Use a mineral powder makeup, if desired to cover redness.

First Day After Peel:

1. Cleanse skin with Theraderm Cleansing Wash & pat dry (AM & PM).
2. Apply OPC Reparative Serum (AM & PM).
3. Apply Peptide Hydrator (AM & PM).
4. Apply Platinum Protection Facial Sunscreen (AM only).
5. Reapply Peptide Hydrator as needed for dryness.
6. Use mineral powder makeup, if desired to cover any redness.

Second Day After Peel:

On this day, your skin may seem darker in color with some rough flakiness.

1. Apply NuPeel in a moderate layer to clean, dry skin. Leave on for 1 minute while massaging with fingertips in a circular motion. This will aid in removing dead skin cells. **DO NOT PICK AT FLAKING SKIN.** Repeat NuPeel each night, if needed.
2. Cleanse skin with Theraderm Cleansing Wash & pat dry (AM & PM).
3. Apply Theraderm Enlighten Skin Brightener.
4. Apply OPC Reparative Serum (AM & PM).
5. Apply Peptide Hydrator (AM & PM).
6. Apply Platinum Protection Facial Sunscreen (AM only).
7. Use mineral powder makeup, if desired to cover any redness.

Third Through Seventh Day After Peel:

1. Apply NuPeel in a moderate layer to clean, dry skin. Leave on for 1 minute while massaging with fingertips in a circular motion. This will aid in removing dead skin cells. **DO NOT PICK AT FLAKING SKIN.** Repeat NuPeel each night, if needed.
2. Cleanse skin with Theraderm Cleansing Wash & pat dry (AM & PM).
3. Apply Fruit Acid Exfoliant (AM & PM).
4. Apply Theraderm Enlighten Skin Brightener.
5. Apply OPC Reparative Serum (AM & PM).
6. Apply Peptide Hydrator (AM & PM).
7. Apply Platinum Protection Facial Sunscreen (AM only).
8. Use mineral powder makeup, if desired to cover any redness.

Begin using the Theraderm Skin Renewal System at Day 7. If your usual regimen is the Reversion Clear Skin System, wait a full 7 days before starting regimen. If skin is not completely healed by Day 4, use cortisone cream 1% on areas which are still healing. Contact SCG Skin Rejuvenation if there is a delay in healing or if there are any other concerns. Your skin will be sensitive to sun injury for several weeks. Use Platinum Protection Facial Sunscreen daily, reapplying when necessary.

Actives, such as Retin A can be used at day and after.

Possible side effects may include:

- Darkening of the skin or blotchiness due to excess sun or heat exposure (may occur at any time, up to 3 months post treatment)
- Redness (should subside within 7 days post treatment)
- Scarring with prolonged or delayed healing
- Skin peeling (may last up to 7 days post treatment)

****If patient experiences any type of adverse reaction, they should call SCG Skin Rejuvenation at 717-243-0307****